

# Secondary Menu

|  | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|---|--|--|---|
| <b>Soup Station</b>  | Soup of the Day<br>Served with Chilli Flakes, Seeds & Croutons  | Soup of the Day<br>Served with Chilli Flakes, Seeds & Croutons  | Soup of the Day<br>Served with Chilli Flakes, Seeds & Croutons   | Soup of the Day<br>Served with Chilli Flakes, Seeds & Croutons   | Soup of the Day<br>Served with Chilli flakes, Seeds & Croutons  |
| <b>Main Meal of the Day</b>  | Beef Bolognese and Spaghetti<br><br>Or<br>Quorn Sausages with Mashed Potatoes, Roasted Onions and Gravy   | <br><br>Marinated Chicken or Roasted Vegetable Ratatouille with Feta Cheese<br>(served with sides below) | Roast Gammon with Roasted New Potatoes and Gravy<br><br>Or<br>Cauliflower and Broccoli Cheese Bake   | <br><br>Chicken Curry or Vegetable Curry served with Cucumber Raita, Sag Aloo, Naan Bread and Mango Chutney | Battered Pollock with Lemon Wedge, Tartar Sauce and Chipped Potatoes<br><br>Or<br>Spicy Bean Burger in a Bun with Salad |
| <b>Sides</b>   | Roasted Vegetables<br>Fresh Mixed Salad<br>Garlic Bread   | Green Beans<br>Fresh Mixed Salad<br>Garlic Bread<br>Onion Rings<br>Wedges<br>Cajun Rice   | Cabbage<br>Roasted Parsnips<br>Fresh Mixed Salad   | Sweetcorn<br>Fresh Mixed Salad   | Peas and Baked Beans<br>Fresh Mixed Salad<br>Curry Sauce<br>Mushy Peas  |
| <b>Hot Grab &amp; Go</b>   | Vegetarian Chilli Burrito   | Ham & Cheese Flat Bread   | <br>Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)) | Beef Chilli Wrap   | Meatball & Cheese Sub   |
| <b>Pasta Kitchen</b>   | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)) | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))   | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))  | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))  | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer))               |
|  | Wholemeal Apple Crumble & Vanilla Custard   | Vanilla Shortbread  | Pear and Ginger Muffin   | Pineapple Upside Down Cake & Custard   | Rice Pudding with Mixed Berry Compote   |
| Fruit salad pots and a selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. - Daily selection of Grab & Go also available<br>Some dishes may vary & are subject to availability |   |   |  |  |   |

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| <b>Main Meal of the Day</b>   | Lamb Biryani Or<br>Cherry Tomato and Dill Quiche   | <br>Chilli Beef or Pulled Pork or Mexican Vegetable Fajitas served with Mexican Rice, Taco or Soft Tortilla (served with sides below) | Roast Turkey with New Potatoes and Gravy<br>BBQ Pulled Sweet Potato Bap   | <br>Beef Curry and Rice or Vegetable Curry, served with Cucumber Raita, Sag Aloo, Naan Bread and Mango Chutney | Battered Pollock with Lemon Wedge, Tartar Sauce and Chipped Potatoes<br>Spanish Omelette with Rocket and Red Pepper Salad and Homemade Potato Wedges |
|   | <b>Sides</b>   | Green Beans<br>Roasted Butternut Squash<br>Fresh Mixed Salad   | Sweetcorn<br>Fresh Mixed Salad<br>Nachos with Cheese<br>Mexican Slaw  | Carrots<br>Savoy Cabbage<br>Fresh Mixed Salad   | Sweetcorn Relish<br>Fresh Mixed Salad  |
| <b>Hot Grab &amp; Go</b>  | Fish Finger Baps   | Bacon & Cheese Flat Bread  | <br>Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer) | BBQ Chicken Hot Wrap  | Beef chilli Tacos  |
| <b>Pasta Kitchen</b>  | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer) | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)   | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)  | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)  | Pizza Market, Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)   |
|   | Chocolate and Mandarin Brownie   | Bread and Butter Pudding with Custard  | Banana Loaf   | Wholemeal Peach Crumble with Custard  | Pear Sponge with Custard   |
| Fruit salad pots and a selection of seasonal fresh fruit served in peak condition, ripened and ready to eat.. Selection of Grab & Go available Some dishes may vary & subject to availability |  |  |   |   |  |

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| <b>Main Meal of the Day</b>  | Beef Lasagne served with Garlic Bread<br><br>Or<br>Tomato and Mushroom Quiche                             | Favourites Day<br><br>...where student's vote for the menu of the day from list of popular dishes.        | Roast Chicken with Stuffing, Roasted Herby Potatoes and Gravy<br><br>Or<br>Roasted Vegetable and Butternut Squash Frittata | <br><br>Chicken Curry and Rice or Vegetable Curry served with Cucumber Raita, Sag Aloo, Naan Bread and Mango Chutney | Battered Pollock with Lemon Wedge, Tartar Sauce and Chipped Potatoes<br><br>Or<br>Chinese Mushroom and Black Bean Stir Fry with Egg Noodles |
| <b>Sides</b>   | Roasted Carrots<br>Peas<br>Fresh Mixed Salad  | Seasonal Vegetables or<br>Fresh Mixed Salad   | Cauliflower<br>Green Beans<br>Fresh Mixed Salad  | Sweetcorn<br>Fresh Mixed Salad  | Peas and Baked Beans<br>Fresh Mixed Salad<br>Curry Sauce<br>Mushy Peas  |
| <b>Hot Grab &amp; Go</b>   | Vegetarian Chilli Burrito   | Piri Piri Chicken Flat Bread  |   | BBQ Sausage Wrap  | Cheese & Tomato Flat Bread  |
| <b>Pasta Kitchen</b>   | Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer) | Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer) | Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)                  | Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)   | Pizza Market , Pasta Kitchen & Jacket Potato (To Include Sweet Potato Option, Beans & Cold Topping Offer)                                   |
|  | Chocolate and Orange Sponge with Chocolate Sauce  | Mixed Summer Fruit Crumble with Custard   | Carrot Cake  | Apple Strudel with Custard  | Pineapple Loaf  |
| Fruit salad pots and a selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. - Daily selection of Grab & Go also available & are subject to availability |   |   |  |   |   |